



*we hope you have
enjoyed our food.
Thank you for
your custom*

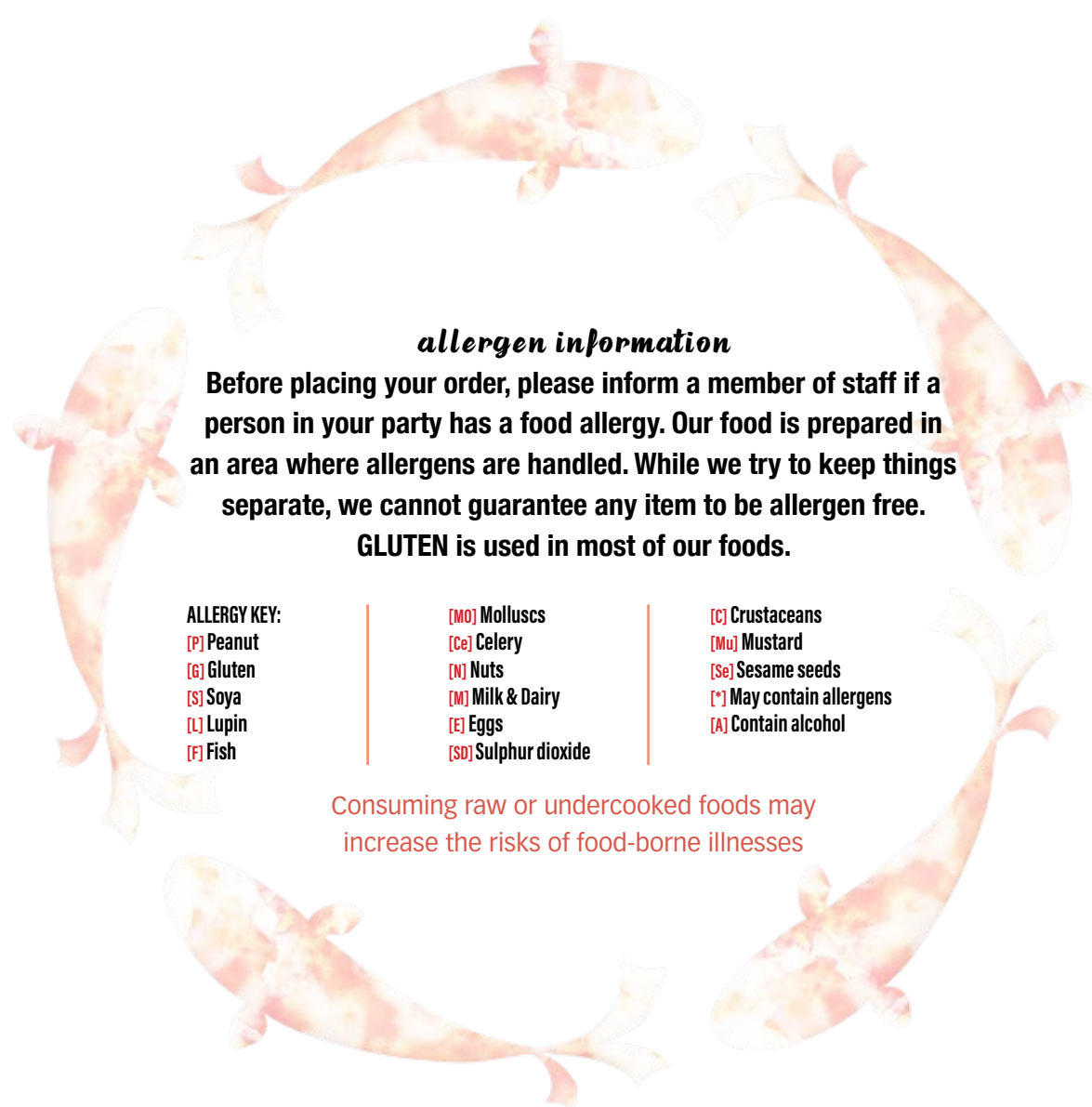


おいしい

oishi
BY ELLE

japanese restaurant

menu



allergen information

Before placing your order, please inform a member of staff if a person in your party has a food allergy. Our food is prepared in an area where allergens are handled. While we try to keep things separate, we cannot guarantee any item to be allergen free. **GLUTEN** is used in most of our foods.

ALLERGY KEY:

[P] Peanut
[G] Gluten
[S] Soya
[L] Lupin
[F] Fish

[MO] Molluscs
[Ce] Celery
[N] Nuts
[M] Milk & Dairy
[E] Eggs
[SD] Sulphur dioxide

[C] Crustaceans
[Mu] Mustard
[Se] Sesame seeds
[*] May contain allergens
[A] Contain alcohol

Consuming raw or undercooked foods may increase the risks of food-borne illnesses

open 7 days a week

Monday-Friday

LUNCH 12-3PM | DINNER 6-11PM

Saturday-Sunday & Monday bank holiday

12-10.30pm.

33 the Wash Green Dragon Vaults, Hertford, Herts, SG14 1PT,

Tel 01992 500995

Info@oishiihertford.com | www.oishiihertford.com



side dishes

77. STEAMED RICE	G, SE [V]	£3.25
78. GARLIC FRIED RICE WITH EGG	G, S, E, M, MO, CE, MU	£3.50
79. STIR FRIED VEGETABLES	G, S [V]	£4.95
80. MISO SOUP <i>With silk tofu, seaweed & spring onion.</i>	G, S [V]	£3.25
81. MIXED JAPANESE PICKLE	[V]	£4.50
82. KIMCHI <i>Pickled spicy Chinese leaves.</i>	S, G, F, CE, MU, SE, SD	£3.50
83. WAKAME SALAD	SE, S, G (V)	£5.50
<i>Seaweed & shredded cucumber with tosa-ponzu sauce.</i>		
84. SASHIMI SALAD SESAME DRESSING	SE, S, G, PN, F	£7.95
85. TOFU SALAD SESAME DRESSING	SE, S, G, PN (V)	£5.95
86. MIX LEAF SALAD MISO DRESSING	SE, S, G, PN (V)	£4.95

all extra sauce

1E. GINGER	£1.00
2E. WAZAB	£0.50
3E. CURRY SAUCE	£2.95
4E. SWEET CHILI SAUCE	£2.50
5E. SPICY MAYO/ MAYO	£1.50
6E. TERIYAKI SAUCE	£1.95

soup noodles stir fried noodle

87. NABYAKI UDON/SOBA(SOUP)	G, S, F, C, E	£10.95
Noodles with chicken, egg, vegetables and prawn tempura cooked in a castiron pot.		
88. TEMPURA UDON/SOBA (SOUP)	G, S, F, C	£8.50
2 Pcs prawn tempura and 3 Pcs vegetables tempura, wakame and spring onions.		
89. KITSUNE UDON/SOBA (SOUP)	G, S [V]	£7.95
Inari tofu, wakame and spring onions.		
90. YAKI UDON	G, M, S, MO, CE, MU [IF WITH PRAWNS = C]	£10.95
Stir fried thick wheat noodle with Prawns /Chicken/Beef with vegetables ([v]options vegan).		
91. YAKI SOBA	G, M, S, MO, CE, MU	£10.95
Stir Fried Egg Noodles with Chicken, Beef OR Prawn with Vegetables ([v]options vegan).		

donburi dishes on rice

92. TEN DON	G, S, C, SE	£9.95
Prawn and vegetable tempura.		
93. KATSU DON	G, S, E, SE	£9.95
Pork in breadcrumbs with egg.		
94. CHICKEN TERIYAKI DON	G, S, SE	£9.95
Grilled chicken with teriyaki.		
95. GYU DON	G, S, SE	£9.95
Stir fried beef in teriyaki sauce.		
96. OYAKO DON	S, G, E, SE	£9.50
Chicken and egg on rice.		
97. SALMON TERIYAKI DON	F, S, G, SE	£9.95
Grilled salmon with teriyaki sauce.		
98. CHIRACHI DON	G, F, MU, S	£13.95
Rice on top of Raw tuna, salmon, seabass, tobiko on top, pickles and ginger		
99. PRAWN KATSU CURRY (5 PCS)	C, G, S, M	£12.95
Breaded Deep Fried King Prawn with curry and rice.		
100. CHICKEN/PORK KATSU CURRY	G, S, M	£10.95
Chicken supreme in breadcrumbs with vegetable curry with rice OR ramen noodles OR udon noodles.		
101. TOFU KATSU CURRY	S, G, M	£9.95
Crispy coated tofu with vegetable curry and rice.		



A discretionary service charge of 10% will be added to your bill



tempura

17. EBI TEMPURA (5 PCS) C, G, S

Lightly battered Deep Fried King Prawns.

£9.50
18. SOFT SHELL TEMPURA (5 PCS) C, G, S, E, MU, SE

Battered Deep Fried Soft Shell Crab.

£9.95
19. TEMPURA MORI F, C, G, S

Mixed lightly battered of three deep fried king prawns, one fish and vegetables.

£9.95
20. CHICKEN/PORK KATSU (WITH OUT RICE AND CURRY SAUCE) G, E, S, L, SE, PN

Breaded deep fried chicken OR pork with salad

£8.50



maki sushi (8 PCS OF ROLLED SUSHI)

21. CRISPY HOT PRAWN ROLL C, G, S, E, MU, SE

Tempura prawn, spicy mayo and teriyaki sauce.

£8.95
22. CRISPY SOFT SHELL CRAB ROLL C, G, S, E, MU, SE

Tempura soft shell, spicy mayo and teriyaki sauce.

£9.50
23. CRISPY SCALLOP ROLL MO, G, S, E, MU, SE

Tempura scallop, spicy mayo and teriyaki sauce.

£9.50
24. SALMON OR TUNA AVOCADO ROLL F, G, SE, S, E, MU

With avocado and mayonnaise.

£8.95
25. SPICY SALMON/TUNA ROLL F, G, SE, S, E, MU

With spring onion, avocado and spicy mayonnaise sauce.

£8.95
26. CALIFORNIA ROLL G, C, F, S, E, MU

Crabmeat with avocado, cucumber, yellow pickle and mayonnaise with tobiko.

£11.95



for non-fish lovers (8 PCS)

27. BEEF SPECIAL ROLL (S) (G)

Lightly seared marinated beef with asparagus, avocado, spring onion and miso.

£11.95
28. ROASTED DUCK WITH MANGO SAUCE G, S, E, MU, SE

Crispy duck with mango sauce, spicy mayo and teriyaki sauce.

£9.50
29. CHICKEN TERIYAKI ROLL WITH ASPARAGUS S, G, MO, M, CE, MU, SE

Chicken teriyaki with asparagus topped with teriyaki sauce.

£7.95
30. SPICY CHICKEN LEMONGRASS ROLL G, S, MU, F, CE, SE, SD, E

Spicy chicken with kimchi sauce, lemongrass& basil as well as spicy mayonnaise & teriyaki

£8.95

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hosomaki

Small seaweed rolls of rice filled with fish OR vegetables (8 Pcs)

31. SALMON ROLL F, G, MU

£3.95
32. TUNA ROLL F, G, MU

£4.95
33. CUCUMBER ROLL G, MU (V)

£2.95
34. AVOCADO ROLL G, MU (V)

£3.00
36. PICKLE ROLL G, MU (V)

£2.95
37. ASPARAGUS TEMPURA ROLL G, S, MU (V)

£2.95

nigiri (1 PIECE ON RICE)

38. SAKE (SALMON) F, G, MU

£2.50
39. MAGURO (TUNA) F, G, MU

£2.85
40. SHIMESABA (MACKEREL) F, G, MU

£2.25
41. TAKO (OCTOPUS) MO, G, MU

£2.00
42. EBI (PRAWN) C, G, MU

£2.85
43. SAKETORO (FATTY SALMON) F, G, MU

£2.95
44. SUZUKI (SEABASS) F, G, MU

£2.95
45. HAMACHI (YELLOWTAIL) F, G, MU

£3.95
46. UNAGI (EEL) (G) F, S, G, MU

£3.95
47. IKURA (FRYING FISH ROLL) F, S, G, MU

£3.95
48. HOTATE (SCALLOP) MO, G, F, S, MU

£3.95



temaki

Coned Shaped Hand Rolls stuffed with rice & choice of fillings (1 piece)

49. SALMON, AVOCADO, MAYONNAISE, TOBIKO G, S, E, MU, F

£3.95
50. TUNA, AVOCADO, MAYONNAISE, TOBIKO F, S, E, G, MU

£4.20
51. CALIFORNIA PRAWN, AVOCADO, TOBIKO C, G, F, S, E, MU

Crab meat, avocado, cucumber, yellow pickle and tobiko

£4.85



sashimi

Slices of raw, fresh Seafood served with Julienne Mooli, Soya Sauce and Wasabi

52. CHEF'S SASHIMI SELECTION (18 PCS) F, G, MO, C, MU

£29.95
53. SALMON SASHIMI (4 PCS) F, (G, MU FOR WASABI)

£7.95
54. SEABASS SASHIMI (4 PCS) F, (G, MU FOR WASABI)

£7.95
55. TUNA SASHIMI (4 PCS) F, (G, MU FOR WASABI)

£8.50
56. OCTOPUS SASHIMI (4 PCS) MO, (G, MU FOR WASABI)

£7.95
57. MACKEREL SASHIMI (4 PCS) F, G, (MU FOR WASABI)

£7.95
58. YELLOW TAIL SASHIMI (4 PCS) F, (G, MU FOR WASABI)

£10.95
59. EEL SASHIMI (4 PCS) G, F, S, (MU FOR WASABI)

£7.95
60. PRAWN SASHIMI (4 PCS) C, G, MU

£7.95
61. SCALLOP SASHIMI (4 PCS) MO, G, MU, F, S

£6.95



A discretionary service charge of 10% will be added to your bill

oishii kitchen special rolls

62. OISHII ROLL (6 PCS) G, M, F, S,(E, MU, SE)

£12.95

Salmon, mozzarella, avocado with spicy mayo and teriyaki sauce. Dipped in tempura batter and deep fried.
63. UNAGI ROLL (6 PCS) F, S, G, SE, MU

£12.50

Grilled eel with avocado and teriyaki sauce.
64. SPIDER ROLL (6 PCS) G, S, C,(F, E, MU, SE)

£12.50

Deep fried soft shell crab with masago, avocado, cucumber, spicy mayonnaise and teriyaki sauce.
65. DRAGON VOLCANO ROLL (6 PCS) C, G, S, (F, E, MU, SE)

£12.50

Prawn tempura, avocado, cucumber, tobiko with spicy mayonnaise sauce and teriyaki sauce.
66. CRAZY ROLL (6 PCS) F, SE, S,E, G, MU, PN, N

£11.95

Coated with almond , topped with spicy salmon, avocado , spring onion,tobiko with mayonnaise
67. SPICY SAMURAI ROLL (6 PCS) C, G, S, MO, CE, MU, SE, SD, F, E

£12.95

Cooked scallop, prawn tempura, avocado, spring onion and tobiko with spicy mayonnaise and teriyaki sauce

main dish

68. SEABASS NO SHOGAYAKI F, SE, S, G, PN, MU, MO, M, CE

£16.95

Pan fried seabass fillet with ginger soy sauce and salads.
69. AMAI DUCK G, MO, S, M, CE, MU

£18.95

Grilled roasted duck breast with raspberry OR teriyaki sauce with pineapple & mixed vegetables.
70. CHICKEN TERIYAKI G, S, MO, M, CE, MU

£12.95

Grilled chicken thighs with teriyaki sauce and stir fry vegetables.
71. SALMON MISO TERIYAKI F, G, S, SE, PN

£15.95

Grilled with Miso Teriyaki sauce served with golden pumpkin cakes.



our chef special

72. GIN DARA F, G, S [SALAD = SE, S, G, PN] [IF YOU ORDER SPICY = S,MU]

£27.95

Grilled black cod marinated with either sweet OR spicy miso.
73. OISHII SUSHI & SASHIMI G, C, F, S, E, MU

£32.95

1 each of nigiri: Tuna, salmon, prawn, yellowtail & 6 pcs of California roll.
Sashimi: Salmon (3 Pcs), Tuna (3 Pcs), Seabass (3Pcs)
74. RAINBOW ROLL (8 PCS) F, G, S, E, MU, SE

£27.95

Crisp salmon skin, spring onions and cucumber. Wrapped with salmon, tuna, seabass and avocado. Topped with teriyaki sauce, spicy mayonnaise, tobiko and masago.
75. SUMIYAKI SIRLOIN STEAK S, M, G, MO, CE, MU, E, SE

£17.95

Grilled sirloin with asparagus, mushroom, tomato with 3 Sauces (spicy mayonnaise, yakiniku sauce and ponzu sauce).
76. OISHII SASHIMI (12 PCS) F, S, G, CE, MU, SE, SD

£17.95

Seared salmon, seabass with Japanese spicy and ponzu citrus dressing with wakame salad.

A discretionary service charge of 10% will be added to your bill



starters

1. EDAMAME BEANS (V) (S)

£3.50

Steamed green soybeans with sea salt.
2. GYOZA CHICKEN (4 PCS) S, G, SE

£6.95

Home-made pan grilled dumpling.
3. YAKITORI (3 STICKS) S, G, SE, MO, M, CE, MU, E

£5.95

Griller skewers of chicken with teriyaki sauce.
4. IKA NO PIRI KARA-AGE MO, G, S

£6.95

Crispy deep-fried squid with homemade chilli sauce.
5. TORI KARA-AGE S, G, L

£6.95

Chicken marinated in soy and then deep fried to crispiness.
6. TARTARE (COLD) (CHOICE OF TUNA OR SALMON) F, SE, S, E, G, MU

£8.95

With avocado and tobiko. With wasabi ponzu and teriyaki sauce along with spicy mayonnaise.
7. POPPY CRUSTED SASHIMI (COLD) (6 PCS) F, SE, G, S

£8.95

With seaweed and caramelised mustard miso.
8. SPINACH GOMA (COLD) SE, S, G, PN [V]

£4.95

Spinach dressed with sesame seeds, miso and sesame sauce.
9. SEARED SALMON SASHIMI (COLD) (6 PCS) F, S, MU, G, CE, SE, SD

£8.95

With ponzu citrus dressing topped with spring onions.
10. BEEF TATAKI (COLD) (8 PCS) S, MU, G, F, CE, SE, SD

£10.95

Carpaccio of sirloin with tangy homemade ponzu flavoured with slice of fresh chili, spring onion and garlic chip.
11. SCALLOP ASPARAGUS KARIYAKI (7 PCS) MO, G, S, M, CE, MU, SE

£9.95

Pan fried scallop and asparagus with soy, sake, garlic and butter



vegetable selections

- Please note if you're strictly vegetarian, please inform our staff before you orderThey'll be happy to assist you
12. AGEDASHI TOFU (4 PCS) S, G, SE [V]

£6.50

Crispy coated deep-fried tofu with tentsuya sauce.
13. GYOZA VEGETABLE (4 PCS) G, S [V]

£6.95

Home-made, pan fried vegetable dumplings.
14. NASU DENGAKU S, G, SE [V]

£6.95

Grilled aubergine with sweet miso and sesame seed.
15. YASAI TEMPURA (7 PCS) G, S [V]

£7.50

Lightly battered deep fried vegetables.
16. CHEF'S VEGETARIAN SUSHI SELECTION (6 PCS) G, S, SE [V]

£7.95

Mixed vegetarian platter.

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